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STARLINES RECONNECTED ME WITH MY PATH

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Malorie Mackey is an actress, host, and writer living in Los Angeles, CA. Malorie's first book was published in 2017 and her short story "What Love Has Taught Me" has been published in the anthology "Choices." You can find Malorie's travel content on dozens of digital media platforms. Check out www.maloriesadventures.com for more. Malorie's adventures don't just encompass physical adventures. She has been a student of intuition since she was a teenager, studying at Edgar Cayce's A.R.E. In 2019, Malorie discovered the Monroe Institute while filming her travel show. Since then, she has been studying the art and science of consciousness through many different programs and life experiences.

I will admit, throughout most of my life, I've had a hard time just going with the flow and accepting that the universe or fate or whatever is out there knows what's best for me in the long run. I'm a planner, a manifester, and constantly working hard for my next goal, sometimes even before I've finished the current one. However, my whole world got shifted in the best possible way when I took Starlines. This Monroe Institute program set my path and played with my perspective in a way I couldn't even fathom before. It's what I love most about the Monroe Institute programs; whatever you think you may get out of one, you always get more. Each program I've taken has surprised me, without fail. With Starlines, I found myself catapulted onto my path in a way that left me both surprised and unbelievably grateful.

What I personally love the most about the Monroe Institute programs I've taken is that they always shift my perspective on what is important. For instance, when I look a problem dead in the eyes throughout my normal day in C1 regular waking consciousness, it can appear daunting or intimidating. But when I take that same problem to a higher state of awareness or a more expanded state of consciousness (usually just Focus 12 or Focus 15), I realize that this problem isn't that big of a worry in the grand scheme of things. Suddenly, I have a greater sense of perspective. Being able to pull back and shift my perspective has become one of my greatest takeaways from attending Monroe programs, and playing with perspective is now one of my favorite things to do throughout my meditations.

This was made truer than I could ever have imagined when I took Starlines. Suddenly, we were meditating in Focus 42, and then Focus 49, and everything I thought I knew about the universe and what was really important forever shifted. I thought I had seen a massive shift in perspective before, but boy was I wrong. This was a game-changer for me.

Suddenly, while I was in these higher states, meditating with my mind's focus set to distant space, I saw how absolutely tiny we are compared to our solar system which is

so unbelievably tiny in comparison to our galaxy, which is a small dot in the supercluster we are in, which is barely visible when pulled out to look at the Laniakea supercluster our galaxy is a part of. In a flash, the idea of a big picture took a new turn for me, and rather than being so concerned with my day-to-day and smaller meditation goals, I found myself wondering what I could do to make a real difference in our world. And the answer has been right in front of me for quite some time.

I've been tossing around the idea of getting my master's degree for quite some time, and I just joined the legendary Explorers Club, and have been trying to see how I can get more involved in the sciences and anthropologies of the world in a way that may work with my master's degree. But this has taken a back seat a bit to the mundane dramas of life.

Well, as I meditated in these extremely expanded states of consciousness—Focus 42 and Focus 49—and saw our Earth and my place in it from the most distant of perspectives, I realized that I had been tottering on my path, and what I needed to do was clearly laid out before me. Starlines catapulted me to the future I was meant to follow by providing me with an exceptionally distant perspective on what really mattered in the grand scheme of things, and it was conservation and field sciences.

Throughout the entire week, as I meditated, this theme kept coming up and surprising me over and over again, making it clear the exact path I needed to follow (and even how to get there). For instance, when I was meditating on the solar system for the first time, I wrote, "I feel empowered by the parts of the universe I collected to fortify myself with. I feel inspired by the shift in perspective and the sudden focus and push on the larger-picture goals, the manifestation of a future of conservation. With so many small problems around me always, I appreciate and love a perspective shift more than anything, one that points me in the direction of the larger goal."

Later, when I first went into Focus 42, I wrote, "In order to be a strong ambassador for the world and an advocate for Earth, I have to be doing my part to ensure she is well kept, which is why this future in conservation is so important." You see, Starlines has a strong focus on being an ambassador for Earth, and this pointed me in the direction of understanding Earth in a greater capacity and utilizing that understanding to make a change and ensure she is well protected.

Following my week in Starlines, I went to my first ever Explorers Club annual dinner where many of the greatest minds in conservation and sciences meet up, receive awards, and give talks and lectures. I was more than inspired. I felt that I was fully on my path. I had felt it in Starlines, but seeing it come to life and then living fully on my path gave me this validation, this feeling of being complete, more than I had ever felt before, and I was truly happy with myself and my life. This allowed me, for the first time, to just trust that the universe was sending me what I needed when I needed it. I saw it was time to step back and allow what I put out there to come to me, and it came in full swing.

I found that I felt I was exactly where I needed to be, right on my path, and excited for what was to come. I wasn't trying to manifest it or plan it. I was simply accepting that the universe knows what's best for me next and embracing it. I was accepting that and living in the comfort that I'm ready for what's next and I don't have to know what it is. So, Starlines, for me, was one of those programs that resonated in a way I could never have understood before I took it. I now know why I've been drawn to it, and I can't wait to live my life to the fullest and prepare for my next Monroe Institute adventure.